

# Using Data to Strategically Plan Psychotherapeutic Group Programs

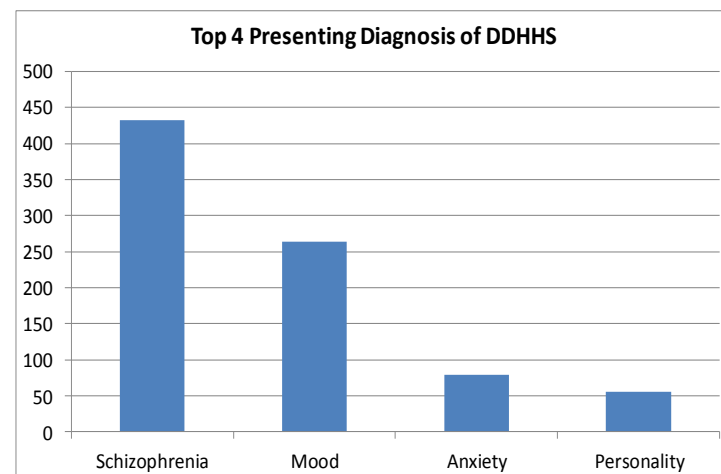
## Darling Down Hospital and Health Service

**Problem:** Programs emerged and ceased without a decision making framework or model, specific treatment needs of the consumer were not clearly defined, there wasn't consistent standards to program requirements, and evaluations were not measuring treatment outcomes effectively

**Solution:** Utilise clinical information collected through CIMHA\*\* to strategically plan service delivery.

### Results:

- Six programs ceased operation as they did not meet specific consumer needs
- Four programs were redesigned to meet the level of severity of presenting needs of consumers
- 3 year Program Implementation Plan has been developed including 14 specific psychotherapeutic group programs, with 8 having been developed



\*\*CIMHA: Consumer Integrated Mental Health Application

\*HRT 1712, Mental Health

